



President Jim congratulates Evan Lowery (left) and Juris Pupcenoks (right) for winning our club's Essay Contest and the District 6080 contest, in their respective categories. Their essays are on page 2.

Welcome New Member!

Kit Freudenberg

New Directory "On-Line"

Our 2001 member directory is going "hi-tech"! The directory is now on our web site at <http://www.jeffcityrotary.org>. Just go to Breakfast Rotary, select the directory picture, put in the user name "xxxxxxx" (not your name!) put in "xxxxxxx" then type in the password "xxxxxxxxx". Do not put quotes around your user name or password. If you have a problem or need help, just contact Murph.

Please go there as soon as you can, and fill out the form. This will provide information that will appear in our next published directory. If you do not have web access, simply make a copy of your page in the current directory, make any changes and give to Murph to place on the directory. You may go in at any time to make a change to your stats if you change jobs, etc., or email Murph any changes.


HAPPY BIRTHDAY!!!!
 Alan Becker May 5th
 Phil Garcia May 8th
 Don Hicks May 9th
 Dennis Moore May 16th
 Bob Asahl May 26st

HAPPY ANNIVERSARY!!!!
 Christopher & Renee Slusher May 2nd
 Jerry & Jo Moore May 27th



Last Chance!

May 2001 Programs



- 4-25 Cole Co Clerk/Bill Deeken
Prayer Reg Turnbull
Humor Randy Scherr
- 5-2 Tem Hiesberger
STARR Teaching Program
Prayer Don Alberti
Humor Jay Jordan

5-9 Tom Sodegren - Internet Crimes
Prayer Rev. Kyle Hern
Humor Bill Cowell

5-16 **OPEN**
Prayer Cathy Martin
Humor Murphy Tetley

5-23 **OPEN**
Prayer Pastor Harv
Humor Randy Scherr

5-30 **OPEN**
Prayer President Jim
Humor Al Laffoon

If anyone has an idea for a Rotary Program
please contact Roger Kurtz at 556-6272, extension 5
or send email to roger_kurtz@mcsa.org



Share Rotary

Take Action!

Invite a customer, neighbor, client, supplier, executive, relative or professional to join Breakfast Rotary Club.

Bring this sheet with you to Breakfast Rotary and a prospective new member and you both receive your breakfast FREE!

Offer expires May 15, 2001

Winning Essays on The Four-Way Test

The Four-Way Test - by Evan Lowery

When you think, say, or do things, do they really pass the "Four-Way Test?" Are they the truth? Are they fair to all concerned? Will they build goodwill and better friendships? Will it be beneficial to all concerned? Everyday, more and more people are thinking, saying, and doing things that are purely for selfish reasons, even if they hurt everyone else around them. More people need to take action and make decisions based on the philosophy of the "Four-Way Test".

The first question that must be answered is whether or not what you are going to do is the truth. If it is not the truth, the whole truth, and nothing but the truth," then your actions are a lie. When choosing to lie, you are not only lying to others, but you are also lying to yourself. Soon, lying becomes almost a natural reaction to situations, unable to be controlled stopped. Not acting in the truth at all times will only result in hurt to yourself, so one must always use the truth as the first step in making decisions.

The second question that has to be answered is it your actions are fair to all concerned. Even if what you are doing is honest, it might not be fair to the people that your actions would affect. When you cheat people and are discriminatory toward them in any way, you are not being fair to anyone. Fairness is what everyone wants', that is why our government has so many laws and regulations. Every man, woman, and child wants to have an equal opportunity, and if people believe that they have not been treated fairly, they seek a way to find justice. We should want what is fair, and also be willing to work toward consensus. Rather than just whining, "That's not fair!," you should try to take action and try to find an agreement that will please both parties. It is easy to complain about what is wrong, but it requires commitment and hard work to reach a solution that will be fair to everyone. In this great country of America, one of our primary concerns has been fairness, and this will never change.

In addition to truth and fairness, one must also consider the question "Will it build goodwill and better friendships?" Humans have always had to have friendships with people in order to stay happy. Whether or not people admit it, they do like to feel close to other people. The goal of most actions is not to hurt people, but to make them like you better. If this is not the case, then there is no logical reason why you would want to continue hurting people. One way to improve these friendships is to show "goodwill toward men." This involves being kind, respectful, and benevolent toward the people that you like. No one likes to be degraded or humiliated, so if we treat others the way we like to be treated, then we hope the same will be done to us.

Friendships are very important, but if you do not nurture them and encourage goodwill, your actions will destroy these relationships. The final question concerns the people that your choices would concern and whether your actions would be beneficial to them. Even if our thoughts, words, and/or actions are truthful, are fair, and will build goodwill and better friendships, those actions could still not benefit everyone affected. Often times actions can be done for selfish reasons. Typically, when individuals act, it is not for altruistic purposes. However, once in a great while, a person that cares more for others than him/herself will emerge. A perfect example of this type of person is Mother Teresa, working and donating her life for the benefit of people that she did not even know.

If everyone would make sure that their actions pass the Rotary "Four-Way Test" before carrying them out, then this world would be a much better place in which to live. One by one, the Rotary clubs teach their

Making world a better place - by Juris Pupcenoks

The mission of Rotary clubs all over the world is to serve community, "Service Above Self" (www.rotary.org) improve relationships between individuals, organizations, nations and spread peace and goodwill in humanity. Rotary has couple approaches how to accomplish that and one of them is a Rotary 4-Way Test.

"Of the things we think, say or do" we need first of all, ask, "is it the truth?" Only if we follow the truth we can make the right decisions and make the world a better place for ourselves as well as for the people around us. Not everyone is ready to hear the truth, but we need to speak it out loud and not be afraid of it. Sometimes it is hard to be honest and truthful, but even if it is hard being right is all that matters. Knowing what is the truth and how to dedicate our thoughts, decisions and activities to it is so significant.

It is important not only to right, say or act right, but also ask oneself "is it fair to all concerned?" Being truthful and fair goes hand in hand. One who is fair also should be unselfish and cherish, and feel compassion towards others. Love towards human beings, high personal morals and good heart should be basic characteristics of the fair person. The fair people are ones that have the biggest opportunity to make the difference and leave footprints in other people's lives and also in their personal and business life.

Living our lives in a truthful and fair way should build goodwill and better friendships. Following these steps even a little thought or word spread around could serve to develop relationships and be an example for others in the community. If we are truthful and fair people we should let our goodwill reach and influence others, because it is not enough if we only keep it to ourselves.

Every action, thought or word we express should be beneficial to all concerned not only ourselves. Another Rotary motto "He Profits Most Who Serves Best" (www.rotary.org) explains this point the best. Generosity and selflessness provide us luck, happiness and satisfaction, because all that we give to others comes back to us afterwards. That is why when we talk about being beneficial to all concerned we need to think about others primary.

In our daily life we should always follow the truth, be sure that no matter what we do "it is fair to all concerned" and our action "will build goodwill and better friendships" as well as they "will be beneficial to all concerned? This simple and easy to understand Rotary 4-Way Test is a good way to build our world a better place. It do not matter what we do' have a hard day at work or share a lazy evening with family, make plans for future or deal with problem s from the past, we need to keep in mind and follow this simple and effective motto that can help us make world a better place.



Special Notes

members the "Four-Way Test." As each member seeks to live by the "Four-Way Test," he or she sets an example for family, friends, and work associates. This philosophy will continue to be passed on through the Rotary network, and I hope R will eventually mean a better world for all of us.

**Congratulations to Jo Moore
our newest Paul Harris Fellow!**

**Rotary Youth Leadership Award Camp
June 17-20
William Woods University - Fulton, MO**

This year's winners are:

**Kristopher Swanigan
Jefferson City Senior High School
And
Samantha Wildharber
Helias High School**



**A special thanks for all the effort on the
essay contest goes to Reg Turnbull!**

Thanks Reg!